LOW FAT EGG WHITE PATTIE

√ Enhanced with Whey Protein Isolate
√ Heart Healthy
√ Zero Trans Fat
We're Making Breakfast Better™

Made from farm fresh eggs • Fully cooked • Pasteurized and Homogenized
Manufactured in Accordance with HACCP principles • No messy shells or cleanup
Easy preparation, heat and serve • Exact portion control
100% yield, no waste • Saves time and labour • Exact cost control
Ensures food safety (when handled as directed)

Code 30020 • Pack/Size 200/57 g
LOW FAT
EGG WHITE PATTIE


Suggested Preparation Instructions

For best results, prepare when product is completely thawed.

Microwave: High for 30-40 seconds.

Conventional Oven: Pre-heat oven to 175°C (350°F).
Heat product for 15 minutes, covered.

Convection Oven: Pre-heat oven to 160°C (325°F).
Heat product for 15 minutes, covered.

Skillet or Grill: Heat product on medium for 2 minutes covered.

• Due to oven variances, heating times may vary.
• Internal temperature of cooked product should be at or above 71°C (160°F).

Storage and Handling

Storage:

Frozen:
Store product at -18°C (0°F) or below.
Best if used in 9 months.

Thawed:
Store product in a sanitary manner, at 4°C (39°F) or below.
Best if used within 3 days.

Thawing Procedure:

Microwave:
1 minute on medium power.
(Time may vary due to differences in microwaves.)

Refrigerator:
Approximately 8 hours at 2-3°C (35-37°F) for individual patties.

Nutrition Fact

<table>
<thead>
<tr>
<th>Amount</th>
<th>% Daily Value</th>
<th>Teneur</th>
<th>% Valeur Quotidienne</th>
</tr>
</thead>
<tbody>
<tr>
<td>Per 1 Pattie (57 g) / Par 1 Fricadelle (57 g)</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Calories / Calories</td>
<td>40</td>
<td></td>
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</tr>
<tr>
<td>Fat / Lipides</td>
<td>0.5 g</td>
<td>1 %</td>
<td>0 %</td>
</tr>
<tr>
<td>Saturated / saturés</td>
<td>0 g</td>
<td>0 %</td>
<td>0 %</td>
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<tr>
<td>+ Trans / trans</td>
<td>0 g</td>
<td>0 %</td>
<td>0 %</td>
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<tr>
<td>Cholesterol / Cholestérol</td>
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<td>0 %</td>
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<td>Sodium / Sodium</td>
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<td>Fiber / Fibres</td>
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<tr>
<td>Sugar / Sucres</td>
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<tr>
<td>Protein / Protéines</td>
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<tr>
<td>Vitamin A / Vitamine A</td>
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<td></td>
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<tr>
<td>Iron / Fer</td>
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